

# Contents

Foreword

iii

About the Textbook

v

## Unit 1: Our Families and Communities

Chapter 1: Family and Friends 3

Chapter 2: Going to the Mela 19

Chapter 3: Celebrating Festivals 34

## Unit 2: Life Around Us

Chapter 4: Getting to Know Plants 47

Chapter 5: Plants and Animals Live Together 62

Chapter 6: Living in Harmony 72

## Unit 3: Gifts of Nature

Chapter 7: Water— A Precious Gift 86

Chapter 8: Food We Eat 100

Chapter 9: Staying Healthy and Happy 109

## Unit 4: Things Around Us

Chapter 10: This World of Things 123

Chapter 11: Making Things 135

Chapter 12: Taking Charge of Waste 149

